

Healing the brokenhearted is extremely important to God. It is not a minor issue with Him but ranks right after Jesus Christ's gospel of eternal salvation. Through faith in Jesus Christ, God has provided all we need to live with a healed heart that is full of God's love and peace.

**God as your Abba Father**  
**Romans 8:15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.**

What is truly amazing is that the Creator of the universe wants a relationship with you as your Abba, Father! The word "abba" is the Hebrew word for "daddy." Once a person is free from the penalty of sin and has a healed heart, God desires a special relationship with him. With God as your Abba, you can completely trust Him both to protect and to provide for you in all areas of your life. You are not on your own, but you are secure with Abba who wants you to feel safe with Him.

If you grew up with an abusive father, it's probable that you will see God the same way as well. If you were raised without a father, or with a father who rejected you, then God can seem just as uncaring and distant. We really do see God in the way that we were raised as a child. That is why it is so important for parents to raise their children with love and acceptance.

As you commit your life to God through Jesus Christ, He will reveal Himself to you as Abba Father. God desires to live this way with you. It may take time, but as you stay faithful to God through his word, He will live with you as Abba Father.

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**The Prayer for the Brokenhearted**  
**"God I confess my sin to you and repent of it. I believe that Jesus Christ shed His blood on the cross and died for my sin, and then was bodily raised from the dead. I confess Jesus Christ as my Lord and Savior and realize that I now have eternal life with you as my Abba Father and my God. I ask you as Father that you heal my broken heart. I forgive anyone who has broken my heart. Please heal it of fear, anxiety, terror, hate, depression, bitterness and rejection, and free me of drugs, alcohol and all addictions. Thank You for sending Jesus Christ to free me of sin, to heal my broken heart, and to lead me to you as my Abba Father."**

**Luke 4:18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,**



# **Jesus Christ**

## **Came to Heal the Brokenhearted**

**Luke 4:18**  
he hath sent me to heal the brokenhearted... (KJV)

**Isaiah 61:1**  
he hath sent me to bind up the brokenhearted...



Today there is a crisis of drug use, depression and suicide. Usually, when talking about drugs, people think cocaine, crack, heroin or marijuana. This is only part of the problem. The big picture also involves prescription drugs like Prozac and other antidepressants, along with Valium and other anxiety-related drugs. If heavy alcohol use is added, millions upon millions of people worldwide are using drugs of all types.

Added to this picture are large numbers of people who are depressed or suffering from anxiety and under severe stress, but not taking any drugs. The number of people afflicted with these issues is increasing every year. There also is the ever-increasing suicide rate. These issues are serious and can lead to the destruction of both physical and mental health and even to death.



It is very possible that people using drugs are attempting to heal the wounds of a broken heart. This is a form of self-medication because they are looking for ways to quell this deep hurt and emotional pain. Their inner pain needs healing, to be replaced by God's inner peace. This is one of the main reasons that God sent Jesus Christ: He came to heal the brokenhearted and give us that deep inner peace which we desperately need.

### **Symptoms of a Broken Heart**

- **Fear: various forms**
- **Depression-hopelessness**
- **Constant feelings of condemnation**
- **Deep feelings of loneliness**
- **Vivid memories of traumatic events**

The Bible uses graphic words to describe what happens when a heart is broken. The picture is of a violent tearing and fracturing that shatters into pieces. If you ever have seen a picture of a severely fractured bone, this is what a broken heart looks like spiritually!

Within the broken heart lies rejection, loneliness, anger, fear, anxiety, terror, hatred, and bitterness. These emotions are what lead to panic attacks, depression, and the need for drugs. It is the broken heart that generates these emotions, which are only symptoms. The real problem is a broken heart.

### **What Breaks the Heart?**

Divorce (this is especially devastating to children); abuse (physical, mental and sexual); abandonment; rejection; hatred; war; abortion; tragedy; and death.

This world is designed to break our heart. Once the heart is broken, there is nothing on earth that can fix it. Psychology, with all of its drugs cannot heal it. There are self-help programs with various steps to peace, but they cannot heal it. **There is nothing on earth that can heal a broken heart because the root is spiritual.** The effects of a broken heart only can be lessened or managed, but Jesus Christ is the only one who can heal it.

One of His titles is the "Great Physician," whom God sent to heal the brokenhearted. If a leg was severely fractured, a doctor would put the bones back together and bind the break. This might involve putting screws in the bone and then putting a cast around it. This is exactly the way the Great Physician heals a broken heart.

He takes all of the broken pieces and puts them together, and then binds up the heart so it can heal and remain healed! The Bible calls a broken heart a "heart of stone," but the heart healed by Jesus Christ is called a "heart of flesh." This can be viewed as a heart transplant!

**Ezekiel 36:26 A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.**

The new healed heart is now in tune with God; it's able to contain God's love and peace. All those emotions that torment people now can be ended permanently, and we are set free to live with God's peace in our hearts. Through the mighty power of the Holy Spirit, God now is able to put to death the fear, anxiety and depression which torment so many people.

**2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.**

God has designed the healed heart to contain His love and peace. As we grow in God, His love and peace grows within us, to the point that nothing can take away his peace and nothing can drain his love from our heart. God sent Jesus Christ to heal the brokenhearted, so we can live with God in the fullness of his love and peace!

The first step in healing a broken heart is to believe the gospel of Jesus Christ. Before God can heal the brokenhearted, there is the problem with sin that must be addressed. Sin is serious and people are separated from God because of it.

God sent Jesus Christ to bridge this gap. The penalty for sin is death, but Jesus Christ shed His blood and died on the cross, paying the penalty for your sin. This means forgiveness and reconciliation with God, through repentance of sin. This also gives you assurance of eternal life with God. After having the problem of sin dealt with, God is free to heal your heart.

**John 3:16 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.**

The next step involves your forgiveness towards others. This forgiveness might involve another person like a parent, yourself, or even reconciling with God. Through Jesus Christ, God forgives us of all our sins, and He requires that we forgive everyone who sinned against us and broken our hearts.

**Matthew 6:14 For if ye forgive men their trespasses, your heavenly Father will also forgive you:**

If someone feels that the event that broke his heart was so severe that it cannot be forgiven, then that person has to turn to God and ask for God's grace and love to forgive. God will give whatever is needed for you to forgive.

This forgiveness also includes yourself, since some people have committed sins that they feel God will not forgive. This is especially true of a woman who has had an abortion. If she repents of this and turns to Jesus Christ as her Savior, then God forgives. She must accept his forgiveness to have her heart healed.

Others have a grudge against God, for whatever reason. This grudge must be confessed to God for the person's heart to be healed. Once a person forgives whatever or whomever has broken their heart, God is now free to heal that heart and set this person free.